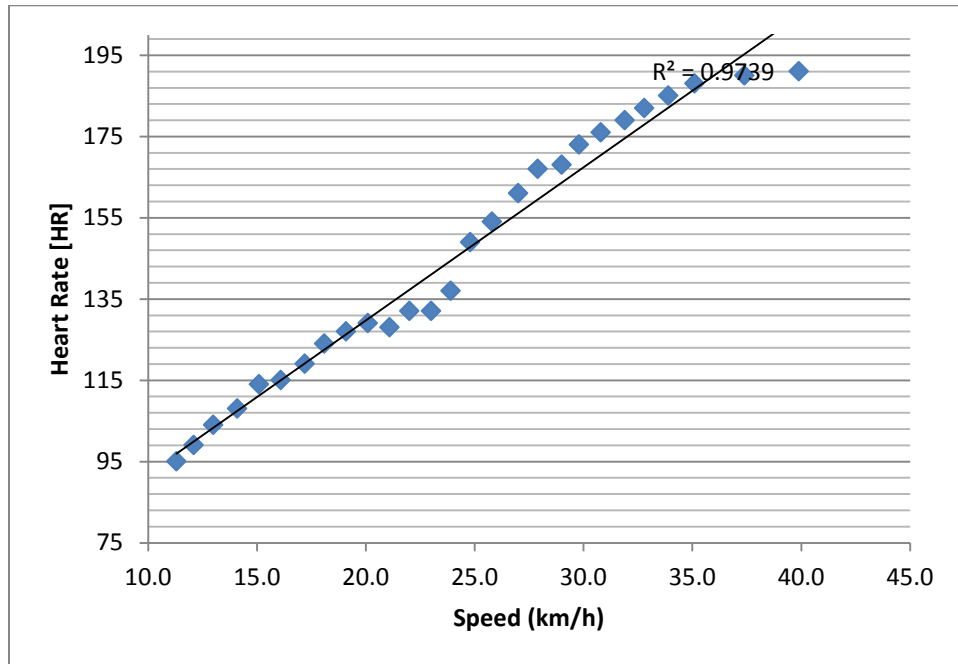


Sample – raw data from a Heart Rate [HR] Deflection Test (aka Lactate Threshold Test)

Linear Equation



Identification of HR acceleration and deflection zones

